



Ballina-Killaloe Rugby Football Club

CODES OF CONDUCT

COACHES CODE

1. Remember that as a coach of an “age-grade team” you are acting “in loco parentis” and that you have a duty of care to all your players.
2. Treat all players equally, lead by example; young people need a coach they can respect as a Role Model.
3. Be generous with your praise and never make ridicule, shout at players for making mistakes or losing a match.
4. Teach your players that the Laws of the Game are mutual agreements which no one should evade or break.
5. Ensure that you are appropriately qualified by gaining the relevant coaching accreditation for your particular level.
6. Be reasonable in your demands on the players’ time, energy and enthusiasm.
7. Encourage respect for all participants – team mates and opponents, as well as match officials.
8. Create a safe, fun and enjoyable environment in which to train and play.
9. Always follow professional medical advice in determining when an injured player is ready to play again.
10. Develop policies for your club/team to agree procedures regarding discipline, injury prevention & treatment, team selection etc.
11. Be responsible and ensure you uphold the ethos of the game and the IRFU.
12. Support the IRFU Child Welfare Policy and all policies regarding Children in Sport.
13. Ensuring all players get equal opportunity to take part in all club/team activities.
14. Setting the right example for players on and off the field.
15. Educating players in the ethos of rugby and the values of being a true sportsperson.
16. Be fair in the treatment of all players at all times.

PLAYERS CODE

1. Play for enjoyment and become part of the rugby family.
2. Respect the 'Game of Rugby' and play within the Laws of the Game.
3. Accept the referee's decision and let your captain or coach ask any relevant questions.
4. Play with control. Do not lose your temper.
5. Always do your best and be committed to the game, your team and your club.
6. Be a 'good sport'. Applaud all good play whether by your team or the opposition.
7. Respect your opponent. Treat all players as you would like to be treated. Do not 'bully' or take advantage of any player.
8. Rugby is a team sport and make sure you co-operate with your coach; team mates and members of your club.
9. Remember that the goals of the game are to have fun, improve your skills and feel good.
10. At the end of the match thank your opponents and the referee for the match.
11. Always remember that you owe a duty of care to your opponents. Tackle hard but fairly, do not intend to hurt your opponent.
12. Winning and losing is part of sport: Win with humility – lose with dignity.
13. As part of the team it is important that you attend training regularly and listen to your coach and help your team.
14. As a team sport it is important to understand that all members are important to the team.
15. Remember you are representing your team, club, family and the Game of Rugby.

SPECTATORS CODE

1. Remember that although young people play organised rugby they are not 'miniature internationals'.
2. Be on your best behaviour and lead by example. Do not use profane language or harass referees, players or coaches.
3. Applaud good play by the visiting team as well as your own.
4. Show respect for your team's opponents. Without them there would not be a match.
5. Condemn the use of violence in all forms at every opportunity.
6. Verbal abuse of players or referees cannot be accepted in any shape or form.
7. Players or referees are not fair targets for ignorant behaviour.
8. Encourage young players to play by the Laws of the Game.
9. Spectators can contribute to the enjoyment of the event and all involved.
10. Be proud of your club and the Game of Rugby.

PARENTS CODE

1. Remember, young people play rugby for their enjoyment, not only yours.
2. Encourage your child always to play by the Laws of the Game.
3. Teach young children that honest endeavour is as important as winning, so that the result of each game is accepted without disappointment.
4. Help young people to work towards skill improvement and good sportsmanship.
5. Set a good example by applauding good play on both sides.
6. Never ridicule, humiliate or shout at young players for making a mistake or losing a match.
7. Do not place emphasis on winning at all costs.
8. Do not force an unwilling child to participate in the playing of rugby. If the child is to play, he/she will do so in good time through your encouragement.
9. Support all efforts to remove verbal & physical abuse from rugby.
10. As a spectator do not use profane language or harass referees, coaches or players.
11. Do not publicly question the referee's judgement and never their honesty.
12. Recognise the value and importance of volunteer referees and coaches.
13. Identify and acknowledge the good qualities of the Game of Rugby and uphold these values.
14. Remember you and your child's contribution to the Game of Rugby is very important to the IRFU and be proud of your contribution.
15. Understand the value of team sport and its importance.

ETHOS

Ballina Killaloe football rugby club strive to maintain an ethos that is welcoming, inclusive, respectful and committed to the development of rugby for kids of all standards in a safe and fun environment.

To

- Develop an environment that will enable kids to understand the importance of respecting referees, opponents, team mates and coaches.
- Develop a sense of team work, fair play, build allegiance and a sense of belonging
- Enjoyment of the game of rugby
- All coaches are parents and are fully garda vetted
- All have completed/completing IRFU official training programmes
- Each age group has at least 1 qualified first aider

CONCUSSION

We follow IRFU recommendations

- 2 minutes assessment on side line
- If any doubt player will be removed for the rest of the session/game
- Parents will be informed
- Parents responsible for having the child assessed by a doctor
- Follow doctor's advice re rest period

Key to success of the club is parental involvement

We are always looking for volunteers as coaches, administrators, first aiders, fundraisers etc. so don't wait to be asked feel free to volunteer. It will be much appreciated.